

Ballet
Schools = French -- Russian/vagonova ----Italian/cecchetti
Technique
Bravo/brava
Pointe - point
Danseur/danseuse - dancer
Ballerina – ballet dancer and embodies “ballerina” qualities
Prima – first
Etoile- Star

(BASIC TRANSLATIONS BELOW)...

FRENCH - ENGLISH

Posture
Eleve -up
Releve - rise
Pose – poised (or pose)
Balls of the feet
Sickle
Cambre- arch
En bas -low
En haut - high
Demi - half
Grande – whole (big)
Plie - bend
Tendu - stretch
Fondu - melt
Degage – disengage (come off, apart from)
En avant - front
Derriere - back
En croix - cross
Chasse - chase
Adage (Adagio) - slow
Allegro - fast
Porte de bras – carriage of the arms
Spot
Chaine - chain
Sauté - jump
Battement - beat
Coupe - cut
Temps lie – time connected
Developpe – develop (bent to straight)
Pique - prick
Retire - withdraw
Ronde de jambe – circle of the leg
Arabesque – Arabic shape

Bourree – French little steps
Couru - run
Waltz – 3/4
Pirouette – whirl on one leg
Jete - throw
Glissade - glide
Sous sus – under over
Soutenu- sustain (hold)
Pas de bourree – step of the little steps (back side front)
Changement - change
Turnout

Supporting leg
Working leg
Epaulement- shouldering
Devant - front
En arriere - back
Sur le cou de pied – on the neck of the foot
Pas de cheval – step of the horse
Frappe - strike
Allonge – extended, outstretched (long)
Reverance – bow, curtsy (long drawn out)
En cloche - bell
En l'air – in the air
A terre – on the ground
En dehors - outward
En dedans - inward
Passé - passed
Croisee - crossed
Ecarte - separated
Efface – shaded
Couru - run
Echappe - escape
Balance – rocking step (change balance from one foot to another)
Pas de chat – step of the cat
En tournant - turn
Assemble – assemble (put together)
Mime – body movements or gestures without words to convey the story
Character – national or folk dance
Tour en l'air- turn in the air
Pas de deux – step of two
Promenade - walk

Petite - small
Dessus - over
Dessous - under

Temps leve – time raised
Fouette - whip
Saut de chat – jump of cat
Ballon – ball like (bounce)
Attitude – bent leg
Tour jete – (grande jette entourment) – turn throw
Entrechat – braid (weave)
Royale - royal
Serre – toothed (razor edge)
Tombe - fall
Pas de basque – step from basque region spain
Sissone – jump 2 feet (to 1 or 2 feet) named after originator of step
Soubresaut – sudden spring or bound
Penche - lean
Wing – foot outward (opposite of sickle)
Emboite – fitted together boxed,
Battu - beats
Saut de basque – jump of the basque

Ballonne – ball like or bouncing step
Ballotte - toss
Temps de fleche – time of the arrow
Envelope – enveloped (outward– in)
Brise - broken
Temps de poisson – time of the fish
Cabriole – caper step
Faille –giving way
Renverse – off balance