

How to Apply Stage Make-up for Ballet

Children younger than 12:

1. Wash face to remove oils
2. Gather tissues/baby wipes to help fix mistakes if they occur
3. Do not apply foundation unless skin is blotchy or red
4. Apply eyeshadow in a light colored natural shade (the idea is to highlight your eye...darker shades will put the eye in shadow)
5. Apply black or brown eye liner to top lid on top of lashes following natural lash line (from inside edge of eye to outside edge of eye)
6. Apply black or brown eye liner to bottom lid underneath lashes following natural lash line
7. Use eyebrow pencil to shade in brows. Be careful to keep this natural looking and not too heavy. Choose shade close to normal eyebrow shade.
8. Apply mascara – black or brown
9. Apply blush, starting with the apples of the cheeks and blending outwards.
10. Pat on translucent powder over all in order to set makeup
11. Apply red lipstick. Shade should be a true red – not too purple as it will appear too dark on stage.

Children older than 12 / Adults:

1. Wash face to remove oils
2. Gather tissues/baby wipes to help fix mistakes if they occur
3. Apply foundation in a shade that closely matches skin tone
4. Apply lighter tone foundation or concealer on eyelids all the way up to the brow line. Also apply at the inside and outside edges of eyes.
5. Apply darker shade foundation to hollows in cheeks
6. Apply eyeshadow in a light colored natural shade (the idea is to highlight your eye...darker shades will put the eye in shadow)
7. Apply black or brown eye liner to top lid on top of lashes following natural lash line (from inside edge of eye to outside edge of eye)
8. Apply black or brown eye liner to bottom lid underneath lashes following natural lash line
9. Use eyebrow pencil to shade in brows. Be careful to keep this natural looking and not too heavy. Choose shade close to normal eyebrow shade. Can be stronger/heavier than on children younger than 12.
10. Apply mascara – black or brown
11. Apply blush, starting with the apples of the cheeks and blending outwards.
12. Pat on translucent powder over all in order to set makeup
13. Apply red lipstick. Shade should be a true red – not too purple as it will appear too dark on stage.